

CCASA Championships and age groups 800m distance event 2019 Session 1

Saturday 12th January Penzance Leisure Centre

All genders and ages swim together according to seeded times

Age on 31/12/2019

CORNWALL COUNTY ASA GALAS 2019

AGE AS OF 31ST December 2019 Under ASA Laws and ASA Technical Rules.

ENTRY FORM

First name	Surname	Club	Date of birth	Age at 31/12/2019

FEMALE ENTRIES		MALE ENTRIES	
Stroke distance	Entry time	Stroke distance	Entry time
800m Freestyle		800m Freestyle	

Submitted times * will be times achieved in a 25m pool after 21st December 2017. All entry time must have been achieved at an ASA licenced meet.

N.B For boys 800m if swimmer has qualified for 1500m then their 800m entry time will be accepted regardless of meeting 800m QT

Age groups 11/ 12. 13. 14. 15, 16 & over age groups: ENTRY FEE £9.00 -

Please pay online at www.northcornwalldragons.com/payments

Completed entry forms should reach your club by Monday 10th December 2018 for onward transmission to CCASA

Note for swimmers/ parents/ guardians / carers etc : Swimmers names ages and clubs will normally be published in spectator programmes/ in published results / on CCASA website and in other relevant places. If for any reason a swimmers name shall be with-held this MUST be notified to your club for onward notification to the CCASA. The full CCASA constitution can be obtained from your swimmer's club. The club is also able to provide you with copies of ASA Laws, regulations and technical rules.

CCASA PROGRAMME OF EVENTS FOR 2019 CONSIST OF CHAMPIONSHIPS AND AGE GROUP EVENTS / CCASA INTERMEDIATE WEEKEND AND CCASA DEVELOPMENT GALA. Designed to cater for all levels of competition swimming within the County. These events are historically interlinked. Qualifying entry to one will affect entry to the other. Please refer to competition rules these are posted on CCASA WEBSITE www.swimcornwall.org

Notes for club officials Please make sure you read the relevant rules and ensure that you adhere to them in handling the entries from your club and that you provide the necessary advice to your swimmers and their adults. Declaration

<p>I declare that the above details are correct, that I am eligible to compete in accordance with the relevant ASA Laws, regulations and technical rules and CCASA rules and I accept the rules of the competition.</p> <p>Signature of swimmer</p>	<p>Countersignature of parent / guardian/ person with parental responsibility supporting the swimmers application and declaration.</p> <p>Signature</p> <p>NAME.....</p>
<p>I certify that the above information is correct and that the swimmer meets the entry requirements for this competition in accordance with ASA Laws, regulation and technical rules and the CCASA Constitution and competition rules</p> <p>Signature of club official.....</p> <p>Position held Date.....</p>	

Long course times are acceptable, but they must be converted to 25m times and be within the short course qualifying entry time